



Song and Silent Adoration (kneeling)

- **Guide:** Lord, you said: "Heaven and earth will pass away, but my Words will never pass away." (Lk, 21-33) At this moment of prayer, we want to renew our faith in your Word:
- All: YOU HAVE THE WORDS OF ETERNAL LIFE!
 - 1. Lord, I believe in your Words and in the Good News you announce.
 - 2. Lord, I listen to your Word when you ask of me renunciation and detachment.
 - 3. Lord, I listen to your Word that tells me to love and forgive my enemies.
 - 4. Lord, I listen to your Word that ells me to carry the Cross and to follow you
 - 5. Lord, I listen to your Word that invites me to be in communion with your body.
 - 6. Lord, I believe in your Word that proclaims blessed those who are poor and humble.

Pause for Silent Prayer

Guide: Let us listen to the dialogue between Jesus and the Pharisee who, like us, wanted to get close to Him and to know Him better.

1 Reader: From the Gospel of John 3:1-11

There was one of the Pharisee called Nicodemus, a leading Jew, who came to Jesus night and said:

content with only your presence, your love and your word.

- All: In our nights, if you are present whether physical or spiritual love us and speak to us; that would be enough, though we may not feel any consolation at times knowing this we will arrive at your intimacy; then our prayer will be converted to the "mystery" of our every brother and sister, and of our every action, allowing us to enter anew into our community, family and social environment while we construct our history through that active and fecund silence which is born of contemplation. Thanks to you, out capacity for silence and adoration becomes a capacity to love and to serve.
- **Guide:** You have given us your Mother as our own that she may teach us to meditate and pray in our hearts. She who received and put into practice the word became the perfect Mother.
- All: Help us to be your missionary Church which knows how to meditate, adoring and loving your Word, transforming it into life and communicating it to all of our brothers and sisters. Amen.

Pause for Silent Prayer

Final Song

II Reader: "Rabbi, we know that you are a teacher who comes from God; for no one could perform the signs that you do unless God were with him."

I Reader: Jesus answered:

III Reader: "I tell you most solemnly, unless a man is born from above, he cannot see the kingdom of God."

I Reader: Nicodemus said:

II Reader: "How can a grown man be born? Can he go back to his mother's womb and be born again?"

I Reader: Jesus replied:

III Reader: I tell you most solemnly, unless a man is born through water and Spirit, he cannot enter t he kingdom of God: What is born of the flesh is flesh; what is born of the Spirit is Spirit. Do not be surprised when I say: You must be born form above. The wind blows wherever it pleases; you hear its sound, but you cannot tell where it comes from or where it is going. That is how it is with all who are born of the Spirit.

II Reader: "How can that be possible?"

- **III Reader:** "You, a teacher in Israel, and you do not know these things!"
- IV Reader: John 3:11-21

Pause for Reflection (seated)

Song (seated)

- **Guide:** Let us kneel. Lord Jesus! We come before you knowing that you call us and that you love us as we are. "You have the words of eternal life and we have believed and known that you are the Son of God" (Jn. 6:69)
- All: Your presence in the Eucharist began with the sacrifice of the Last Supper and continues as a communion a giving of all that you are, increase our faith!
- **Guide:** Through you and in the Holy spirit which you communicate to us, we want to reach the Father, to utter our "Yes" to him in union with you.
- All: With you we already say: "Our Father." As we follow you, "the Way, the Truth and the Life," we want to penetrate the apparent "silence" and "absence" of God, piercing the cloud of Tabor, in order to hear the voice of t he Father who says to us: "This is my beloved Son with whom I am well pleased; listen to Him". (Mt. 17:5)
- **Guide:** By this faith which comes from contemplative hearing, we will be enlightened in our personal situation, and also in the various fields of community, family and social life.
- All: You are our Hope, our Peace, our mediator, brother and friend. Our heart is full of joy and hope knowing that you live "always to make intercession for us" (Heb. 7:2). With you our hope becomes a trust, a Paschal joy, and a swift road to the Father. We want to see things as you do and to value things as you

value them. You are the center, the beginning and the end of all. Strengthened this hope, we want to bring this set of evangelical values to the world in which the first place in the heart and the attitudes of the real life belong to God and to his saving gifts.

- **Guide:** We want to love as you love. Who give life and communicate with all of your being. We would like to say as St. Paul did: My life is Christ" (Phil. 1:21). Our life has no meaning without you. We want to learn to "be with the One whom we know loves us," because "with the presence for such a good friend, all can be borne." In you we learn to unite ourselves to the will of the Father, because in prayer "it is love that speaks" (St. Teresa). Entering into intimacy with you, we want to adopt basic attitudes and judgements, lasting decisions, fundamental options according to our proper Christian vocation.
- All: Believing, hoping and loving we adore you with simple attitudes of presence, silence, and waiting, which also intend to be a reparation, as a response to your words. "Wait here and watch me" (Mt. 26:38). You overcome the poverty of our thoughts, feelings and words; therefore we want to learn to adore by an awesome contemplation of your Mystery, loving it as it is and being silent with the silence of a friend and the presence of self-giving.
- **Guide:** The Holy Spirit which you have infused into our hearts helps us utter those "unspeakable groaning" (Rom. 8:26) which are translated into thankful and simple attitude, the filial attitude of one who is